

Phyto rejuvenation

IPL

We have the technology! Hugely successful in the treatment of uneven skin tone, sun damage induced pigmentation and vascular changes to the skin, acne Rosacea, broken capillaries, and pigmented birth marks.

Spa Express considers safety to be paramount. This ethos coupled with the latest advances in IPL technology ensures a significant reduction in client discomfort whilst delivering maximum benefit in a sound and effective manner.

4-6 treatments usually required for best results.

Eye maintenance

Tint

If you are tired of dry, clumpy or smudged mascara – tinting is the answer for you. From natural to very dark, tinting is a no fuss look that lasts.

Shape

Compliment your eyes and make them sparkle by having your eyebrows professionally shaped and groomed.

Bleach

Complete your overall look by bleaching any unsightly hair above the lip.

Hair removal

IPL

The latest advances in IPL technology offers fantastic results in hair reduction for the face and body with minimal discomfort! Target problematic areas such as the upper lip, chin, side of the face, arms, chest, back and bikini area. A permanent hair reduction solution for those tired of the regular waxing sessions. Please ask our trained therapist for further information to assist you in making an informed decision.

Electrolysis

Electrolysis is the most effective permanent method of hair removal. Safety is of prime importance so we only use disposable needles. For more detail, technical information or any questions you may have, please ask to see one of our special electrolysis leaflets.

Red vein and skin tag treatments are also available.

Waxing

For men and women.

The results of perfectly smooth skin is achieved by our expertise in technique and handling. Hygiene is assured with the use of a fully disposable Phd waxing system. You have a choice of either hot wax or strip wax for bikini line, g-string, brazilian and underarm waxing. Special creams are applied to the skin to soothe and minimise irritation.

Tanning

Su-do professional spray tan creates a flawless tan that develops within 5 hours and leaves you with a deep tropical tan. The safe way to tan that lasts up to 10 days.

- 1/2 body and full body available.
- Colour customised to compliment your skin tone.

Manicures

Nails are shaped and cuticles soaked to soften and tidy. An application of colour of your choice from our extensive polish range is then expertly applied.

French manicures are available that leave your nails looking clean, fresh and healthy.

Pedicures

This treatment involves a therapeutic foot spa and scrub. Nails are cut and cuticles tidied. An application of polish in the colour of your choice is applied or as an alternative you can enjoy a relaxing foot massage.

Please remember to bring open toed shoes.

Massage

Spa Express offers you a variety of therapeutic massage techniques for stress reduction and relaxation. Allow our skilled massage therapist to design the ideal combination of techniques to optimise your enjoyment and maximise results.

- Spa Back massage (15 or 30 minutes)
- Scalp massage (15 or 30 minutes)
- Foot massage (15 or 30 minutes)
- Hand and arm massage (15 minutes)

Restore, protect and maintain

Services List
A window of calm in your busy schedule

spa | express

Advanced skin care & hair removal specialists

Spa Express - busy is no longer a reason

It's about taking a moment to treat yourself. It's about protecting and maintaining your best asset - you. Daily we subject our mind and body to stresses that can be detrimental to our health and wellbeing. Spa Express is about taking a moment in your busy schedule to hit the reset button and take care where it's needed, yet so often neglected.

Most of our appointments are conveniently **15 and 30 minutes**. Our extensive range of treatments have been carefully designed so that they can be easily accommodated into even the most busy lifestyle.

Now the time conscious can be skin conscious too.

Refresh, rejuvenate and revive

Facials

Skin Analysis (15-30 minutes)

We take a deep look into the skin using Dermalogicas Face Mapping™, prescribing you the right products and treatments to get you the result you're after.

Spa Facial (30 minutes)

Using products customised specifically for you skin's requirements, we gently cleanse and exfoliate the skin. This is followed by a mask treatment and your choice of a relaxing hand, foot or scalp massage.

Skin Renewal Facial (30 minutes)

Experience amazing results with this AHA (Alpha Hydroxy Acid) treatment. Helping to diminish the appearance of fine lines, wrinkles, coupe rose, acne scarring and uneven textured skin while at the same time improving colour and hydration.

Multi Vitamin Power System (30 minutes)

This system delivers essential nutrients to the deep layers of skin that need them most. The optimum blend of vitamins and antioxidants target the problems associated with premature aging and reduces the effects of environmental damage.

Back Facial (30 minutes)

After your skin is cleansed and polished, tight muscles are relaxed with massage. The treatment is completed with a body moisturiser to re-hydrate the skin. This specialised treatment includes the entire back, neck, shoulders and upper arms.

Microdermabrasion (30 minutes)

Using fine crystals, this nonsurgical treatment gently removes dead skin cells. This process increases cell renewal, helps with fine lines and wrinkles, pigmentation and sun damage, acne scarring, rough skin texture, black heads, and enlarged pores.

O² Rejuvenation Facial (30 minutes)

The ultimate in skin hydration and rejuvenation, offering unparalleled and IMMEDIATE visible results! Classed in the realm of a nonsurgical face lift, this exceptional treatment infuses a special serum into the deep layers of your skin using hospital grade hyperbaric oxygen. Use in conjunction with Microdermabrasion for the absolute ultimate.

O² Opulence Facial (30 minutes)

A fantastic therapy available for the treatment of uneven skin pigmentation and sun damage. As with the O² Rejuvenation facial, the O² Opulence treatment reduces fine lines and wrinkles, increases cell renewal and supplements collagen and elastin production in your skin.

Atoxelene (30 minutes)

Fine lines and wrinkles be gone! This treatment is targeted specifically at problem areas to help reduce those pesky age indicators. Gentle and immediate, you need to see it to believe it. Includes a special take-home wand for home care maintenance.

Collegen Induction Therapy (Micro-needling, 30 minutes)

Micro-needling is a non-invasive skin resurfacing treatment using extremely fine micro-needles that are gently rolled over the skin to create many microscopic channels. These "punctures" stimulate the body's own repair system to produce new collagen and elastin to encourage healthy new skin formation to minimise the appearance of wrinkles, scarring, pigmentation and enlarged pores.

Appointments

If you wish to make an appointment, please contact us on the number below, via email or visit us direct! If reception is unattended please leave a message (message slips provided for onsite visits) and we will contact you as soon as possible.

Ask us!

We are happy to answer any questions you may have with regard to the treatments available and encourage open and informed communication with our clients.

Hours

Please give us a call or visit our website at www.spaexpress.co.nz for an up to date schedule of trading hours.

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